

Insight Link

Curriculum Integration Reading Program

140 words

L2

Lesson Components

BIG IDEA

The Big Idea section stimulates students' interest and gives them a wider understanding of the chapter's theme.



Contents Map

The Contents Map section previews the content covered in each lesson and presents the unifying theme.

Question

The Question section prepares students for the lesson by asking them about something related to their own lives.



Background Link

The Background Link section offers students background information and interesting activities that help motivate them to read the passage and understand it better.

Key Words

The Key Words section highlights the key words from the lesson and includes a picture alongside each word.



Let's Focus

The Let's Focus section encourages students to think about the main idea as they read through the passage.

Link to Self

The Link to Self section allows students to relate ideas from the passage to their own lives or to think critically about what they have read.



Reading Comprehension

In this section, students' understanding of the passage is checked through a series of multiple-choice and short-answer questions.

Graphic Organizer & Summary

A two-step summarizing activity teaches students how to make outlines and summaries.

Find Evidence

The Find Evidence section encourages students to closely focus on the meaning of individual words and sentences by finding evidence from the text to answer comprehension questions. Both detail and inference questions are included.



Vocabulary Worksheet

After studying the Key Words section, students apply what they've learned using the Vocabulary Worksheet. While answering questions that include the key words, students can activate their prior knowledge or experience and reinforce their learning.

Contents

CHAPTER 1

Fruit



LESSON	SUBJECT	TITLE	WORDS	PAGE
1	Health	Color Me Healthy	143	6
2	Science	How to Make Fruit Sweeter	152	14
3	Art	Cézanne's Apples	145	20
4	History	A Strawberry and a Spy	154	26

CHAPTER 2

Markets



LESSON	SUBJECT	TITLE	WORDS	PAGE
5	Social Studies	Supermarket vs. Store Prices	155	32
6	Social Studies & History	The Grand Bazaar	146	40
7	Music	Music and Shopping	144	46
8	Art	Everyday Market Items in Art	145	52





CHAPTER 3

Snow



LESSON	SUBJECT	TITLE	WORDS	PAGE
9	Science	How Snow Works	155	58
10	Health	Walk like a Penguin	157	66
11	Science & History	Watermelon Snow	144	72
12	Music	Debussy's Dancing Snow	147	78

CHAPTER 4

Jobs



LESSON	SUBJECT	TITLE	WORDS	PAGE
13	Social Studies	Old and New Jobs	143	84
14	History	Thomas Edison's Job Interview	152	92
15	Literature	Who Is Mentor?	150	98
16	Art	Henri Rousseau's Dream	150	104



Supplementary
Material

Vocabulary Worksheet

p. 113

The background of the page is a vibrant collage of sliced fruits. It features several slices of kiwi with their characteristic green flesh and black seeds, interspersed with slices of orange, grapefruit, and blood orange. The slices are arranged in an overlapping, circular pattern, creating a fresh and colorful visual.

CHAPTER 1

Fruit

BIG IDEA

What fruit do you like the most?

LESSON

1

Color Me Healthy



LESSON

2

How to Make Fruit Sweeter



Health

Science

Fruit

History

Art

LESSON

4

A Strawberry and a Spy



LESSON

3

Cézanne's Apples





Color Me Healthy

Q. What color is your favorite fruit?

Background Link

- You can see fruits of many colors! Their different colors mean they have different nutrients.
- Look at the fruit salad. What colors are the fruits? Let's write the colors in the blanks.

Key Words Listen and repeat the words. (02)

1.



improve

2.



skin

3.



repair



4.



liver

5.



bone

6.



blood

((03))

Color Me Healthy



Let's Focus

How are the different colors in fruits good for your health?

Fruits come in many different colors. Their different colors have many health benefits.

For a healthy heart, think red. Strawberries, watermelons, and cherries are all good for your heart. They also **improve** your blood health.

Orange and yellow fruits help us see better at night. They also make our **skin** glow. So, make sure to eat tangerines and pineapples.





Green fruits, like melons and kiwis, help **repair** cells. They also help the **liver** work well. Blue and purple fruits, such as blueberries and plums, are good for the heart and **bones**. They also help fight cancer.

Lastly, don't forget to eat white fruits. They help keep **blood** moving. They also keep bones strong. So remember to have some white fruits like pears, for example.

It's important to eat fruits of many different colors! Try to eat two fruits of each color every day.



▲ kiwis halves and blueberries



▲ pears

Words 143



LINK TO SELF Which fruits do you eat to improve your health?

1. What is the main idea of the passage?
 - a. You should eat fruits in many colors.
 - b. Red fruits are the best for your health.
 - c. Fruits of different colors have different flavors.

2. Which fruits are good for the heart?
 - a. pears
 - b. kiwis
 - c. cherries

3. What benefit do yellow fruits have?
 - a. They help your liver work well.
 - b. They help you have better skin.
 - c. They improve your blood health.

4. Blue and _____ fruits, such as blueberries and plums, are good for the heart and help _____.
 - a. white – fight cancer
 - b. purple – fight cancer
 - c. purple – protect your eyes

5. Q: What benefits do white fruits have?
 A: They help keep _____ moving, and keep _____ strong.

Find Evidence

STEP 1 Check T for true or F for false.

1. If you can't see well at night, eating pineapples can help you.

 T

 F

2. Blueberries and pears are good for bones.

 T

 F

STEP 2 Go to pages 10–11.

Find and underline the evidence for each answer in **STEP 1**.

Graphic Organizer & Summary

Step 1 Write the correct words in each blank.

red fruits	They are good for the _____.
orange and yellow fruits	They improve our skin and help us see better at _____.
green fruits	They repair cells and help the _____ work well.
blue and purple fruits	They help fight _____.
white fruits	They keep our _____ moving and our bones strong.

cancer blood liver night heart

Step 2 Complete the summary with the given words.

glow colors liver
blood improve melons

It is important to eat fruits of many different _____. Strawberries and cherries keep your heart healthy. They _____ your blood health too. Tangerines and pineapples make your skin _____. They also help you see better at night. _____ and kiwis repair your cells. They also help your _____ work well. Blueberries and plums help fight cancer. Finally, pears keep your _____ moving. They also keep bones strong.

Color Me Healthy

1. What do you do to *improve* your English?



I _____.

2. Do these two people have the same *skin* color?



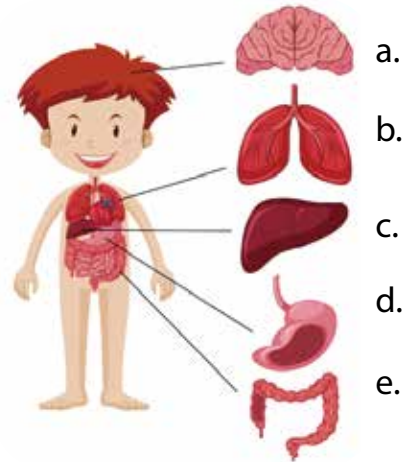
a. Yes. b. No.

3. What is this person *repairing* now?



This person is repairing a(n) _____.

4. Which of these organs is the *liver*?



5. How many *bones* are there in a giraffe's neck?



There are _____ bones in a giraffe's neck.

6. Do you know your *blood* type? What is it?



(Yes / No). My blood type is _____.

How to Make Fruit Sweeter

1. Which one is a *pinch* of salt?

a.



b.



2. What is the girl *hiding* behind her back?



She is hiding a(n) _____.

3. Who tastes something *bitter*?

a.



b.



4. Have you ever had a *barbecue* outdoors? What food did you grill?



(Yes / No). I grilled _____.

5. Who is *shaking* a bottle?

a.



b.



6. What fruit has a *sour* taste?



A(n) _____ has a sour taste.